

## **Workshop: Dreaming With the Princess Who Went Quiet**

### **Taller: Soñando Con La Princesa Que Fue Silenciada**

Links to work: <http://www.usprisonculture.com/blog/2014/12/30/the-princess-who-went-quiet-a-fable/>  
[https://issuu.com/biancadiazart/docs/bianca\\_final\\_comic-web?e=0/10710412](https://issuu.com/biancadiazart/docs/bianca_final_comic-web?e=0/10710412)

#### **Agenda:**

Artist introduction, who we are and how this work connects us. (15 minutes)

Reading with the artist Bianca Diaz - English and Spanish (20 minutes)

Introductions to activities for the day-- (5 minutes)

#### **What walls do we build and why? How does connecting inform a new way of listening? The power of storytelling and addressing visibility, invisibility, and walls. (15 minutes)**

##### **Activity: Partner Listening**

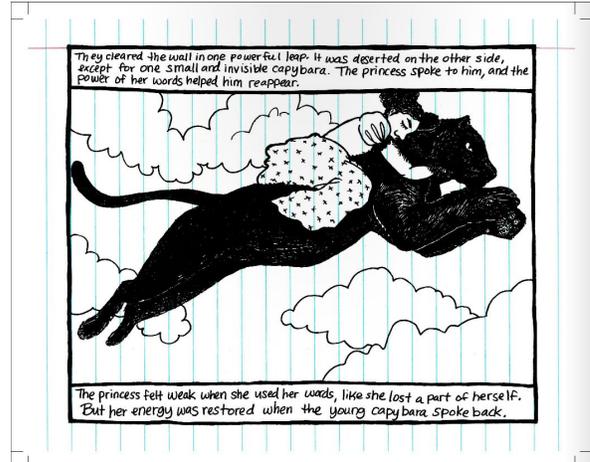
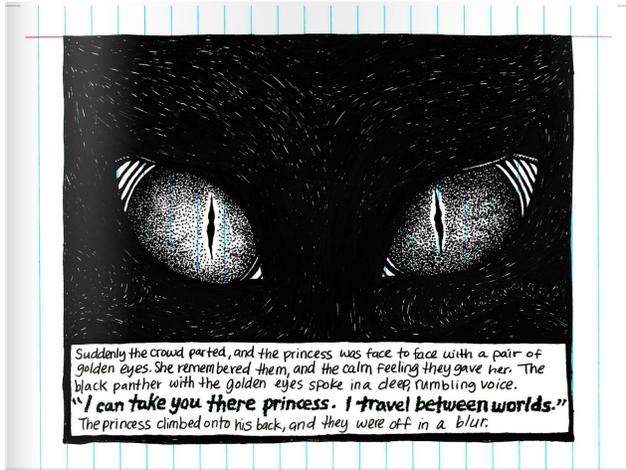
1. Introduce yourself to your partner.
2. Gaze into your partner's eyes from varying distances. (This is a non-verbal listening activity.)
3. Share what that experience was like for you two--What did you and your partner learn from that experience? How does connecting this way inform a new way of listening to someone? What does the invisible wall stand for?
4. Document and record your experiences on notecards. Front: 1 word response. Back 1-3 sentence response.

#### **Looking at the last page: Ideation of the storyline and creating a narrative ( 20 minutes)**

What dreams create storylines in our lives? Why do you think the character wants to be more intentional with their dreams? What is the value in remembering that you are dreaming? What dreams do we think are important for us to remember as we think about what it means to break down walls? What is the value in sharing our dreams with one another? Inside and outside world awareness: how do you move between spaces of "dream" and reality?"

1. Activity: Storytelling and the gift of a dream
2. Gaze at your partner's hands.
3. Give them the gift of a dream or a vision in response to what discussed the experience to be like for you.
4. Create a narrative of vision for your partner. What do your future visions and dreams look like? Feel free to document what you spoke of to each other and gift it on a notecard.

**Graphics and Content: Addressing separation-drawings on lined paper. Take a look at the page with the blank pather's eyes fills the entire space. The conversation implies intimate listening as the panther informs the princess he can take her where she needs to go. (30 minutes)**



What animal, object, or person appears to help you as you travel between the world of reality and the world of dreams? How does this animal, object, or person help you connect to yourself, others, and or a larger community? What does intimate listening teach us about connecting between worlds? What happens when we listen more intimately to each other?

**Draw, write, reflect on the notecards. This can be a person, place, or thing.**

**Share-out:** partner and large group.

**Close out:** Remaining questions/reflections/comments. (5-10 minutes)